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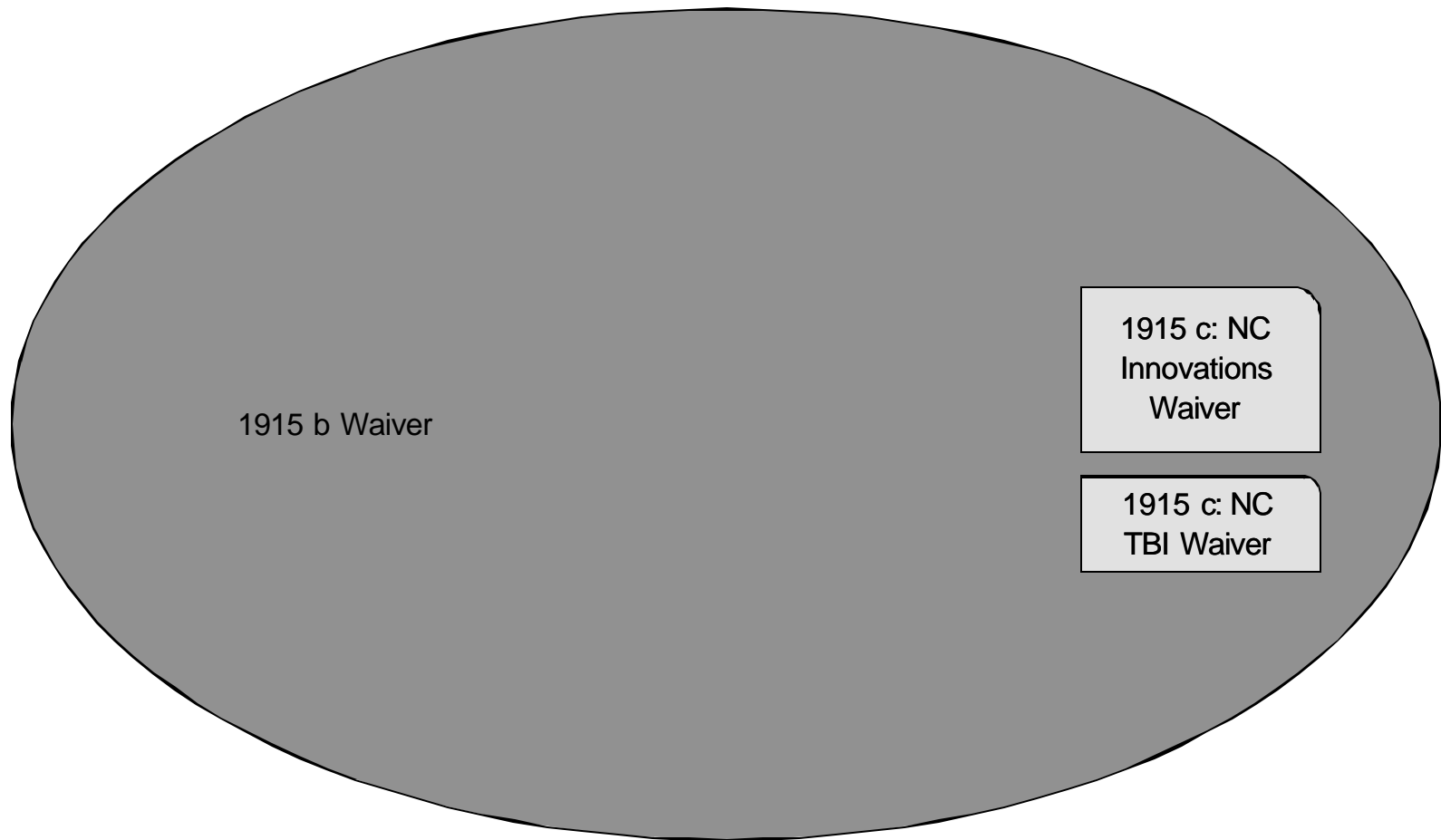
## NC TBI Waiver Updates



# NC TBI Waiver Update



# NC TBI Waiver Structure



# NC TBI Waiver Update

- The NC TBI Waiver ( “c” Waiver) is currently being reviewed by CMS
- CMS will also review the “b” Waiver





# The TBI Waiver

- The purpose of the Innovations waiver is to provide an array of **home & community-based services (HCBS)** & supports that promote choice, control, & community membership
- These services/supports provide a community alternative for persons who require the skilled nursing facility or specialty hospital level of care



# Geographic Area

## Alliance catchment area

- Counties: Cumberland, Durham, Johnston, and Wake
- Why?
- Neuro Resource Facilitation
- Resources

# Who is Potentially Served

- Adults with a TBI which occurred on or after their 22nd birthday;
- Meets eligibility for nursing facilities or specialty rehabilitation hospitals;
- Have needs that would not be better met under the other 1915 (c);



## Amount of People over Three Years

- Year 1: 49
- Year 2: 99
- Year 3: 107

Reserved Capacity:

Additional Slots have been built in for the Money Follows the Person Program and Emergencies.

# Goals of the waiver

1. Value and support beneficiaries to be **fully functioning members of their community**.
2. Promote **rehabilitation; evidence based practices**, and **promising practices** that result in real life outcomes for beneficiaries.
3. Person centered service options that facilitate each beneficiary's ability to **live in homes of their choice**, have **employment** or engage in a **day of their choice**.



# Goals of the waiver

4. Opportunities to contribute to the development of their services.
5. Training and support to foster the development of strong natural support networks that results in less reliance on formal support systems
6. Ensuring well-being and safety.



# Well Being and Maslow's Hierarchy of Needs



# Goals of the waiver

7. Maximizing self-determination, self-advocacy and self-sufficiency.
8. Increasing community integration through work, life-long learning, recreation and socialization.
9. Providing quality services and improve outcomes.



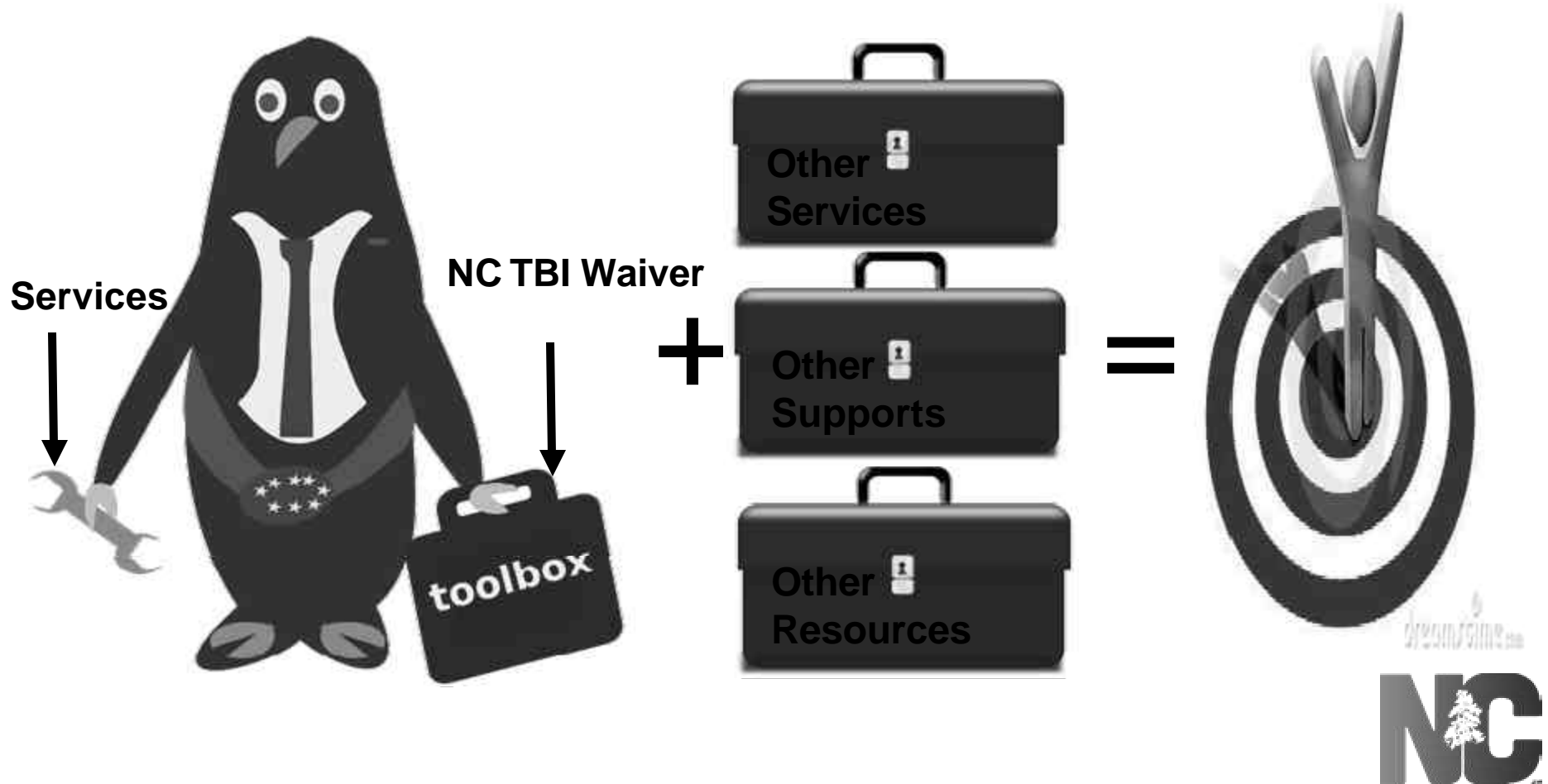


# Objectives of the waiver

1. Focusing on person centered planning and aligning services and supports with those plans.
2. Facilitating smaller community congregate living situations.
3. Facilitating living and working in the most integrated setting.
4. Improving outcome-based quality assurance systems.



# TBI Waiver as a toolbox



# Service Package



# Service Background

- A person must use **One** Waiver service per month to remain on the waiver.

## Service Categories:

- Where you live
- How you spend your day
- How you access your community
- Opportunities for growth
- Access to the environment



# Where you live



# Where You Live

SERVICE	DESCRIPTION
Life Skills Training	Provides rehabilitation and skill building to acquire and maintain skills that support independence.
Personal Care	Includes support, cueing, supervision and engaging participation with eating, bathing, dressing, personal hygiene, and other activities of daily living.
Residential Supports	Individualized services and supports to live successfully in a Group Home or Alternate Family Living setting and be an active participant in the community.
Respite Care (in-home or at a facility)	Periodic or scheduled support and relief to the primary caregiver(s) from the responsibility and stress of caring for the individual with a TBI.
In-Home Intensive Supports	Offers extensive support and supervision.



# Life Skills Training

## ➤ SCOPE/INTENT

- Provides rehabilitation and skill building to enable the individual to both acquire and maintain skills, which support more independence.
- Supports independence
- Augments the family and natural supports



# Life Skills Training

## Coverable Activities:

1. Training in interpersonal skills and development and maintenance of personal relationships
2. Skill building to support the beneficiary in increasing community living skills, such as shopping, recreation, personal banking, grocery shopping and other community activities
3. Training with therapeutic exercises, supervision of self-administration of medication and other services essential to healthcare at home, including transferring, ambulation and use of special mobility devices
4. Transportation to support implementation of Life Skills Training





# Personal Care

## ➤ SCOPE/INTENT

- Provides support supervision with activates of daily living and independent living skills.
- Provides assistance to maintain skills gained during rehabilitation while also providing supervision for independent activities.



# Personal Care

## Coverable Activities:

1. Assistance with eating, bathing, dressing, personal hygiene and other activities of daily living.
2. To maintain skills gained during rehabilitation while also providing supervision for independent activities.
3. Personal care also includes assistance with monitoring health status and physical condition, assistance with transferring, ambulation, and use of special mobility devices.



# Residential Supports

## ➤ SCOPE/INTENT

- To support successful living in a group home that meets the home and community-based services (HCBS) characteristics
- To support successful living in an alternative family living (AFL) setting that meets HCBS characteristics



# Residential Supports

## ➤ Scope/Intent

- Residential Supports levels are based on hours of support needed
- Staff who provide Residential Supports should not provide other waiver services to the beneficiary
- Respite may be used to provide relief to individuals who reside in Licensed and Unlicensed AFLs.



# Residential Supports

## ➤ COVERABLE ACTIVITIES/TASKS

- Rehabilitation Services aimed at reacquiring, improving, and retaining skills in self-help, general household management and meal preparation, personal finance management, socialization and other adaptive areas.
- Rehabilitation and/or maintenance training outcomes focus on allowing the beneficiary to improve his/her ability to reside as independently as possible in the community.
- Assistance in activities of daily living when the beneficiary is dependent on others to ensure health and safety.
- Rehabilitation and/or maintenance services that allow the beneficiary to participate in home life or community activities.
- Transportation to and from the residence and points of travel in the community is included to the degree that they are not reimbursed by another funding source.



# Residential Supports

## ➤ COVERABLE ACTIVITIES/TASKS

- An AFL must be the primary residence of the staff that are reimbursed for the cost of care
- Respite is available to members that live in AFL settings
- For non-AFL residential settings payment for staff relief is included in the residential rate



# Residential Supports

## ➤ EXCLUSIONS

- Members who receive Residential Supports are not eligible for Home Modifications or Vehicle Modifications
- Payments do not include room & board or facility maintenance
- Staff that provide this service should not provide other waiver services to the same member



# Respite

## ➤ SCOPE/INTENT

- To provide periodic or scheduled support to the primary caregiver(s)

## ➤ COVERED ACTIVITIES/TASKS

- Care of the member in their home, community, or in the staff home (if desired by the member)
- Respite can be used in AFL but not on same day as Residential Supports
- Allows for the person receiving services to have relief at his/ her choice





# Respite

## ➤ EXCLUSIONS

- Cannot be used as a regularly scheduled daily service
- Not available to members that live in group homes
- Cannot provide care for other family members in the home
- Staff cannot live in the home of the member
- AFLs may not bill on the same day as per diem respite



# Respite

## ➤ LIMITS

- Subject to Limits on Sets of Services
- Cost of 24 hours cannot exceed the pare diem rate for the average community SNF facility



# Respite

- Provider Agencies and Nursing providers follow State Nursing Board Regulations

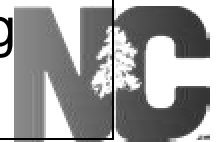


## How you spend your day



# How You Spend Your Day

SERVICE	DESCRIPTION
Supported Employment	Assistance with choosing, acquiring, and maintaining a job when competitive employment has not been achieved or has been interrupted or intermittent. Includes pre job training, coaching, and long term follow along.
Day Supports	Group service that provides assistance to the individual with rehabilitation, retention, or modification of socialization and daily living skills and is one option for a meaningful day.
Adult Day Health	For Individuals who need a structured day program of activities and services with nursing supervision.



# Day Supports

## ➤ SCOPE/INTENT

- Day Supports is primarily a group, facility-based service
- Provides rehabilitation, retention, or modification of socialization and daily living skills and is one option for a meaningful day.
- Emphasizes inclusion and independence
- Focuses on enabling the individual to attain or maintain his/her maximum self-sufficiency, increase self-determination and enhance the person's opportunity to have a meaningful day.



# Day Supports

## ➤ COVERABLE ACTIVITIES/TASKS

- Support the discovery of the member's skills, interest and talents
- Provides rehabilitation, retention, or modification of socialization and daily living skills and is one option for a meaningful day.
- Emphasizes inclusion and independence
- Focuses on enabling the individual to attain or maintain his/her maximum self-sufficiency, increase self-determination and enhance the person's opportunity to have a meaningful day.



# Day Supports

## ➤ COVERABLE ACTIVITIES/TASKS

- Individual services are available for specific and well documented behavioral or medical needs
- To support community access, may be provided outside the facility if activities are consistent with the goals of the member as identified by the ISP





# Supported Employment

## ➤ SCOPE/INTENT

- To support competitive employment
- To integrate members in the community



# Supported Employment

## ➤ COVERABLE ACTIVITIES/TASKS

- Provide for assistance with
  - Choosing employment
  - Acquiring employment
  - Maintaining employment
- Allows for the development of micro-enterprise
- Encourages an increase in independence with gradual reduction of service



# Supported Employment

## ➤ COVERABLE ACTIVITIES/TASKS

- Provides for long-term support for employment
- Provides for employment development activities
  - Career/educational counseling
  - Active job searching
  - Job shadowing
  - Resume preparation
  - Interview skills
- Provides for transportation to/from job site



# Supported Employment

## ➤ EXCLUSIONS

- Incentive payments to encourage or subsidize the employer's participation in a supported employment program
- Payments passed through to the member
- Payments for training not directly related to the member's supported employment program



# Supported Employment

## ➤ EXCLUSIONS

- Support in positions that would not exist without the supported employment service and/or require the use of a specific supported employment provider



## How you access your community



# HOW YOU ACCESS YOUR COMMUNITY

<b>SERVICE</b>	<b>DESCRIPTION</b>
Community Networking	Individualized day activities that support a meaningful day in an integrated community setting with persons who are not disabled.
Resource Facilitation	Coordination of medical, behavioral, social and unpaid supports to address the beneficiary's needs. Resource Facilitation also informs the planning process with the team and assists beneficiaries with assuring coordinated supports, including direct services.



# Community Networking

## ➤ SCOPE/INTENT

- To support day activities in integrated community settings
- To promote maximum participation in the community
- To develop meaningful community relationships and social roles with non-disabled individuals
- To maximize participation in community life while developing natural supports





# Community Networking

## ➤ COVERABLE ACTIVITIES/TASKS

- Participation in Adult Education
- Development of community based time management skills
- Community based classes for the development of hobbies or leisure/cultural interests
- Volunteer work
- Participation in formal/informal associations and/or community groups



# Community Networking

## ➤ COVERABLE ACTIVITIES/TASKS

- Training and education in self-determination and self-advocacy
- Training in the use of public transportation
- Inclusion in a broad range of community settings that encourage the development of community connections



# Community Networking

## ➤ COVERABLE ACTIVITIES/TASKS

- Payment for attendance of classes and conferences
- Payment for memberships when there is clearly integrated activities
- Payment for transportation when the activity does not require staffing support



# Community Networking

## ➤ EXCLUSIONS

- Does not take place in a licensed facility or any residential setting
- Does not cover cost of hotels, meals materials or transportation when not attending conferences
- Activities that would normally be a component of home/residential life or services
- May not volunteer for the agency providing the service or in places that would not typically have volunteers



# Community Networking

## ➤ EXCLUSIONS

- Payment is not made for overnight programs of any kind
- Classes that offer one-to-one instruction and are in a nonintegrated community setting are not covered



# Community Networking

## ➤ LIMITS

- Payment for attendance of classes and conferences will not exceed \$1000 per plan year



# Opportunities For Growth

<b>SERVICE</b>	<b>DESCRIPTION</b>
Natural Supports Education	Training to families and the beneficiary's natural support network in order to enhance the decision making capacity of the natural support network, provide orientation, education, and strategies.
Specialized Consultative Services	Provides expertise, training and technical assistance in a specialty area (neuro/psychology, behavior intervention, speech therapy, therapeutic recreation, augmentative communication, assistive technology equipment, etc.



# Opportunities For Growth, Cont.

Extended Clinical Services	PT, OT, and SLP services, performed at a level higher than or not otherwise covered under the State Plan.
Cognitive Rehabilitation (CR)	One-on-one therapy for the development of thinking skills to improve functional abilities. The initial goal of therapy is to improve cognitive functioning to the fullest extent possible. Compensatory strategies will be introduced as progress slows.





# Access to the Environment

<b>SERVICE</b>	<b>DESCRIPTION</b>
Assistive Technology Equipment and Supplies	Technology and equipment used to increase, maintain, or improve functional capabilities of beneficiaries.
Home Modifications	Home Modifications are physical modifications to a private residence that are necessary to ensure the health, welfare, and safety of the beneficiary or to enhance the beneficiary's level of independence.
Vehicle Modifications	Alterations to a vehicle include devices, service or controls that enable beneficiaries to increase their independence or physical safety by enabling their safe transport in and around the community.



Questions?

Answers?



# Contact information

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